

Quitting smoking isn't easy – but it's easier with the right help. Freedom From Smoking helps you develop a plan of action that leads you to your quit day.

COST: FREE

2017 Dates and Locations:

7-Week Program (Classes held on Tuesday)

February 21, 2017 - April 11, 2017

5:30 pm to 7:00 pm at Kentucky CancerLink (Regency Road)

May 9, 2017 – June 20, 2017

12:00 pm to 1:30 pm at BCTC (Newtown Pike)

August 22, 2017 – October 3, 2017

5:30 pm to 7:00 pm at Eastside Library (Palumbo Drive)

October 24, 2017 - December 12, 2017

5:30 pm to 7:00 pm at BCTC (Newtown Pike)

www.kycancerlink.org

Call (859) 309-1700 to register!!

In partnership with:





