

FAQ

WHAT IS INCLUDED IN THE COLLECTION KIT?

The kit makes it easy to collect the stool sample in the privacy of your own home. Each collection kit contains:

- Easy to follow collection and shipping instructions
- A tube to collect the sample with the wand inside
- Pre-paid USPS return shipping envelope to send back to Kentucky CancerLink

DO I HAVE TO GO INTO A DOCTOR'S OFFICE OR LAB TO COMPLETE THIS TEST?

No, this particular test allows you to collect your stool sample in the privacy of your own bathroom. After you collect your sample, you will send it back to our lab using the prepaid shipping envelope provided.

IF MY TEST IS POSITIVE, DOES IT MEAN I HAVE CANCER?

This test is not a diagnosis, it only tests for human blood in stool samples. Blood in your stool *may* indicate lower gastrointestinal bleeding, possibly associated with:

- Diverticulitis
- Ulcerative Colitis
- Polyps
- Colorectal cancers
- Large adenomas that bleed

WHAT DO I DO IF MY RESULTS COME BACK POSITIVE?

We will call you with your results and if we are unable to reach you by phone, we will send you a certified letter with your results. If you give us the name of a doctor who you would like to notify, we will fax them a copy of the results. We recommend a conversation with your health care provider to decide if following up with a colonoscopy is right for you.

WHAT IF THE SAMPLE I COLLECTED CANNOT BE TESTED?

There are various reasons why a sample cannot be tested; not enough stool sample, the testing fluid was poured out of the tube, or a delay in the sample returning to our lab are some examples. We can send you a second FIT if this happens.

HOW LONG WILL IT TAKE TO GET MY RESULTS?

If we receive the results Monday-Thursday, we typically call you within 24 hours. Our office is closed on Friday, so those kits will be tested on Monday and the patients notified within 24 hours. Due to HIPAA policies, we will not be able to give your results to anyone else.

AM I REQUIRED TO FAST OR CHANGE MY DIET?

No. You do not need to fast or change your diet.

IS A DOCTOR'S ORDER REQUIRED?

No. You do not need a doctor's order to complete a FIT test with Kentucky CancerLink.

WHY DO I NEED THIS TEST?

According to the American Cancer Society, colon cancer is the third most common type of cancer diagnosed in men and women in the US, but it is also one of the most treatable if caught early. Routine screening is recommended for early detection.